

13th ANNUAL CONFERENCE 2025 RSSDI

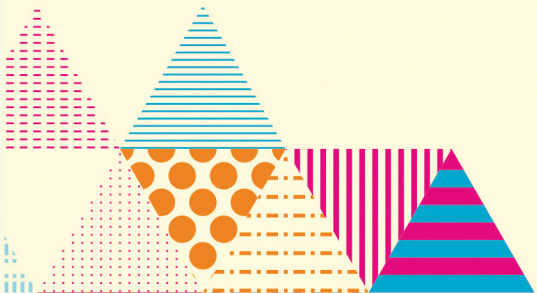
Research Society
for the Study
of Diabetes in India

ODISHA STATE CHAPTER

Central Auditorium, SCB Medical College, Cuttack

Diabetes: Obese to Lean, Pills to Insulin, Care to Cure 29-31 August 2025

**SCIENTIFIC
BOOKLET**





Welcome Message



Dear Friends,

Greetings from RSSDI Odisha 2025

On behalf of the organizing committee, it's our great pleasure to welcome you to the 13th Annual Conference of RSSDI ODISHA State Chapter at the Central Auditorium, SCB Medical College, Cuttack.

We are honoured to have a galaxy of esteemed national faculties joining us, bringing their vast knowledge and expertise to our academic feast. Their participation is a testament to the importance of this conference and the commitment of the RSSDI for advanced diabetes research and care.

During these three days, we will engage in insightful discussions, ground-breaking research presentations and valuable networking opportunities. This conference aims to foster collaboration, inspire innovation, and ultimately improve the lives of those affected by diabetes. We invite all of you to take full advantage of the sessions, share your experiences and learn from each other. Let's work together to make this event a great success and a memorable experience for everyone.

Looking forward to welcoming you all.

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13TH RSSDI ODISHA 2025



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Dr. Udai Lal, Hyderabad



Dr. V Srinagesh, Hyderabad



Dr. Vinay Dhandhanian, Ranchi



Dr. Vinod Mittal, Delhi



Dr. Vitull K. Gupta, Bathinda

DAY-1

29th August 2025
Friday



TIME	TOPIC	SPEAKER	CHAIRPERSONS
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10.00am-04.00pm	Registration		
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11.00am-01.00pm	Workshop-1: Technology in Diabetes (Lecture Theatre-2)		
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11.00am-11.30am	The IDF guidelines for AI in Diabetes	Dr. Amit Dey, Kolkata	Moderator: Dr. S.S. Mangaraj, Bhubaneswar Dr. Soumya R. Mohanty, Dhenkanal
11.30am-12.00pm	Looking into CGM reports - Interpretation and Taking action	Dr. Debasish Das, Mumbai	
12.00pm-12.30pm	CGMS use in organ failure: Knowing the horizons	Dr. Ravi Kant, Dehradun	
12.30pm-01.00pm	Simplifying pump therapy in Diabetes	Dr. S.S. Mangaraj, Bhubaneswar	

11.00am-01.00pm	Workshop-2: Comorbidities and Complications (Lecture Theatre-3)		
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11.00am-11.30am	Managing Diabetes beyond Medicines	Dr. KN Padhiary, Cuttack	Moderator: Dr. Suresh Bansal, Rourkela Dr. Satya N. Kar, Rourkela
11.30am-12.00pm	How do I approach a case of Peripheral Neuropathy	Dr. Ranjan Sen, Cuttack	
12.00pm-12.30pm	Choosing an antibiotic in Diabetes with sepsis	Dr. Payodhi Dhar, Kolkata	
12.30pm-01.00pm	Autonomic Dysfunction in Diabetes	Dr. JB Kanwar, Bhubaneswar	

11.00am-01.00pm	Workshop-3: Diabetes in Pregnancy (Lecture Theatre-6)		
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11.00am-11.30am	Diagnosis of GDM-Controversy to Consensus	Dr. Bhavatharini, Chennai	Moderator: Dr. Debarchan Jena, Cuttack Dr. Mrutyunjay Mohapatra, Cuttack
11.30am-12.00pm	Management of GDM- State of the Art in 2025	Dr. Mahesh Rath, Bhubaneswar	
12.00pm-12.30pm	Prepregnancy counselling to Diabetic women and implications of DOHaD	Dr. Chandan Das, Bhubnaneswar	
12.30pm-01.00pm	Faeto- maternal outcomes in GDM an Expert's view	Dr. Sujata Mishra, Bhubaneswar	

11.00am-01.00pm	Workshop-4: Diabetic Foot Management (Medicine Seminar Hall)		
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11.00am-11.30am	Diagnosis of High Risk Foot in Diabetes and Early Intervention to prevent Complications	Dr. Sandip Debashis Mishra, Cuttack	Moderator: Dr. Sandip Debashis Mishra, Cuttack Dr. Jyotirmaya Nayak, Cuttack
11.30am-12.00pm	Radiological and Neuro vascular assessment of Diabetic Foot	Dr. Partha Biswas, Kolkata	
12.00pm-12.30pm	Anti microbial therapy in Diabetic Foot	Dr. Ritesh Agarwal, Bhubaneswar	
12.30pm-01.00pm	Surgical intervention of Diabetic Foot (Offloading, Customised Footwear, Wound Dressing)	Dr. Kailash Mohapatra, Cuttack	

Prof. Sidhartha Das Hall, (Hall A)

12.00pm-01.00pm	AI Primer	Dr. Amit Dey	Dr. Jayanta K. Panda, Cuttack Dr.Ashok Das, Puducheri
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01.00pm-02.00pm	LUNCH (Food Court at Auditorium 1st Floor) & Faculy Food Court at Medicine Seminar Hall		
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01.00pm-01.30pm	Inauguration of the Exhibition Stalls Chief Guest: Prof. (Dr.) Goutam Satpathy, Superintendent, SCB MCH, Cuttack		
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01.30pm-02.00pm	Inauguration of Scientific Program Chief Guests: Prof. Lucy Das, Dean & Principal, SCBMCH, Cuttack		
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TIME	TOPIC	SPEAKER	CHAIRPERSONS
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02.00pm
02.50pm

Session -I

02.00pm-02.15pm	Matters of the Muscle-Sarcopenia in Diabetes	Dr. Shaibal Guha, Patna	Dr. Soumya R. Mohanty, Dhenkanal Dr. Smita Mohapatra, Cuttack Dr. Braja K. Das, Cuttack Dr. Nirmal Mohanty, Cuttack
02.15pm-02.30pm	Addressing the Diabetes burdern in Odisha: Epidemiology, Healthcare Barriers and Pathways for Improvement	Dr. Sanjay Dash, Talcher	
02.30pm-02.45pm	Begin to care for the Metabolic Health of School students- An innovation of RSSDI Social Outreach Program	Dr. Suresh Bansal, Rourkela	
02.45pm-02.50pm	Discussion		

02.50pm
03.40pm

Session -II

02.50pm-03.05pm	How do I Vaccinate a Person with Diabetes?	Dr. Jugal K Sharma, New Delhi	Dr. Bhavatharini, Chennai Dr. Gandharba Ray, Cuttack Dr. Bhagyashree Panda, Bhadrak Dr. Harekrushna Nayak, Bhadrak
03.05pm-03.20pm	How do I manage Hypoglycemia in a Person with Diabetes	Dr. Mridul Bera, Kolkata	
03.20pm-03.35pm	Diabetes in Elderly-What is different?	Dr. S.N. Swain, Bhubaneswar	
03.35pm-03.40pm	Discussion		

03.40pm
04.30pm

Session -III

03.40pm-03.55pm	Genetic testing to predict Cardio-Metabolic and Lifestyle diseases	Dr. Kamaldeep Chawla, Vadodara	Dr. Amita Kerketta, Cuttack Dr. Subrat Ku. Behera, Bhadrak Dr. Sridhar Panda, Cuttack Dr. Arun Mohantyu, Cuttack
03.55pm-04.10pm	Conducting Clinical trials on Persons with Diabetes in India	Dr. L Sreenivasamurthy, Bengaluru	
04.10pm-04.25pm	Diabetic Gastroparesis-What's new?	Dr. Divya Saxena, Haryana	
04.25pm-04.30pm	Discussion		

04.30pm
05.20pm

Session -IV

04.30pm-04.45pm	Imiglimin: A powerhouse approach to Type 2 Diabetes	Dr. Purvi Chawla, Mumbai	Dr. PK Sahu, Angul Dr. Namita Mohapatra, Bhubaneswar Dr. Sanatan Behera, Cuttack Dr. Janmejaya Mohapatra, Cuttack
04.45pm-05.00pm	Artificial Intelligence in Diabetes-Pros & Cons	Dr. Aravinda J, Bengaluru	
05.00pm-05.15pm	Air Pollution and Health	Dr. Vitull K. Gupta, Bathinda	
05.15pm-05.20pm	Discussion		

05.20pm
06.10pm

Session -V

05.20pm-05.35pm	MASLD and Role of dual PPAR agonist	Dr. Pratap Jethwani, Ahmedabad	Dr. Prasanna Das, Cuttack Dr. Sriprasad Mohanty, Brahmapur Dr. Pratima Sahoo, Cuttack Dr. J Bharatudu, Berhampur
05.35pm-05.50pm	The Metabolic Forecast for India-ICMR INDIAB data	Dr. Ashok K. Das, Puducherry	
05.50pm-06.05pm	Tips for Foot examination by GPs	Dr. Pinaki Dutta, Chandigarh	
06.05pm-06.10pm	Discussion		

06.10pm
06.45pm

Session -V

06.10pm-06.25pm	Expert Consensus on Liraglutide in Diabetes: Aligning Evidence, Experience, and Outcomes	Dr. Kishore Behera, Bhubaneswar	Dr. Ranjit Khatua, Bhadrak Dr. Anupam Dey, Bhubaneswar Dr. Kumar Soumyakanta Bisoi, Angul Dr. Manoj K. Patnaik, Cuttack
06.25pm-06.40pm	Role of modern OAD in cardio renal protection in diabetes management	Dr. Sunil Kota, Brahmapur	
06.40pm-06.45pm	Discussion		

07.00pm
08.00pm

Awards and Felicitation Ceremony Chief Guest - Prof. (Dr.) Ashok Kumar Das

08.30pm
10.00pm

CHAIRMAN'S DINNER Hotel Pramod & Club Resorts, Chahata, Cuttack



DAY-2

30th August 2025
Saturday



10.00am
04.00pm

Registration

09.30am
09.45am

Session-VII

9.30am-9.45am	Osteoarthritis in Obesity-Beyond Wear and Tear	Dr. Jyoti R. Parida, Bhubaneswar	Dr. Nirmal Ch. Mohapatra, Cuttack
9.45am-10.00am	Late onset Hypogonadism in Diabetes	Dr. Nilanjan Sengupta, Kolkata	Dr. KD Purohit, Sambalpur
10.00am-10.15am	Transforming Diabetes Landscape with Second generation basal Insulin	Dr. Abhay Sahoo, Bhubaneswar	Dr. S. Kabi, Bhubaneswar
10.15am-10.20am	Discussion		Dr. Purnendu Panda, Cuttack

10.20am
10.45am

Session-VIII
Chairman's Oration

10.20am-10.45am	GDM - The new updates and alternatives to Insulin	Dr. Ramesh K. Goenka, Bhubaneswar	Dr. Sisir K. Mohapatro, Bhubaneswar Dr. KN Padhiary, Cuttack Dr. Malati Murmu, Burla Dr. Jyotish Choudhury, Cuttack
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10.45am
11.10am

Session-IX
Prof. Sidharth Das Oration

10.45am-11.10am	Oral Hypoglycemics positioning in Management of Type 2 Diabetes Mellitus in today's scenario	Dr. Sudhir Bhandari, Jaipur	Dr. Saroj Tripathy, Cuttack Dr. Brahmananda Das, Cuttack Dr. Kartik Ch. Rout, Jajpur Dr. Srikant Das, Cuttack
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11.10am
11.35am

Session-X
RSSDI Gold Medal Oration

11.10am-11.35am	Emerging Range of Diabetes in tropics	Dr. Anuj Maheshwari, Lucknow	Dr. Bijay K. Mishra, Bhubaneswar Dr. Indira Pattnaik, Bhubaneswar Dr. Satya Priya Mishra, Puri Dr. Bibhuti Bhusan Nayak, Cuttack
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11.35am
12.00pm

Session-X
Patron's Wisdom

11.35am-12.00pm	Evolution of classification of Type 2 Diabetes	Dr. Sidhartha Das, Cuttack	Dr. Lalit K. Meher, Bhubaneswar Dr. Ambika P. Mohanty, Bhubaneswar Dr. Sarita Behera, Brahmapur Dr. Sushant Jena, Cuttack
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12.00pm
12.50pm

Session-XI
Insulin-Incretin Symposium

12.00pm-12.15pm	New Generation Insulins-A leap toward smarter, safer, simpler glycemic management	Dr. Jayanta Ku. Panda, Cuttack	Dr. Purna Ch. Das, Bhubaneswar Dr. Satya N. Kar, Rourkela Dr. Santosh Swain, Puri Dr. Shyama Kanungo, Cuttack
12.15pm-12.30pm	Redefining Diabetes treatment: Oral Semaglutide and its impact on Cardio Kidney Metabolic (CKM) syndrome	Dr. Ipsita Mishra, Cuttack	
12.30pm-12.45pm	STEPping up Obesity Care with Semaglutide 2.4mg	Dr. Abhay Sahoo, Bhubaneswar	
12.45pm-12.50pm	Discussion		

12.50pm
01.40pm

Session-XII

12.50pm-01.05pm	Longevity Science of Diabetes in Young	Dr. N.K. Singh, Dhanbad	Dr. Sudhanshu S. Sethi, Cuttack Dr. Prem Sagar Panda, Bhubaneswar Dr. Hariballav Mahapatra, Puri Dr. Prakash Patro, Berhampur
01.05pm-01.20pm	Pancreatic Diabetes-An Update	Dr. Ajay Patwari, Dhanbad	
01.20pm-01.35pm	The role of Minimally Processed and Ultra Processed foods in Obesity and Diabetes	Dr. B Rodrigues Lily, Hyderabad	
01.35pm-01.40pm	Discussion		

1.00 PM
3.00 PM

LUNCH &
Governing Council Meeting

01.40pm
02.15pm

Session-XII
Obesity Symposium

01.40pm-01.55pm	SURMOUNT-ing Obesity with Tirzepatide	Dr. Abhay Sahoo, Bhubaneswar	Dr. AK Baliarsinha, Cuttack
01.55pm-02.10pm	Tirzepatide vs Semaglutide: Evidence from Head to Head Trial	Dr. Ipsita Mishra, Cuttack	Dr. Dinabandhu Sahoo, Bhawanipatna Dr. Utkal K Khadanga, Bhubaneswar
02.10pm-02.15pm	Discussion		Dr. Sudha Sethy, Cuttack

02.15pm
03.05pm

Session-XIII

02.15pm-02.30pm	Prediabetes and Cardiovascular disease	Dr. Sanjay Agarwal, Pune	Dr. Uttam Pattnaik, Cuttack
02.30pm-02.45pm	What is new of Diabetic Retinopathy	Dr. Vinay Dhandhanja, Ranchi	Dr. Atanu Thakur, Burla
02.45pm-03.00pm	Diabetes Remission - Is it a reality!?	Dr. Puneet Saxena, Jaipur	Dr. Sanjay Jangid, Bhubaneswar
03.00pm-03.05pm	Discussion		Dr. Fakir Mohan Debta, Cuttack

03.05pm
03.55pm

Session-XIV

03.05pm-03.20pm	Role of NAC and Taurine in Reducing Microalbuminuria - A Latest Evidence Published in Kidney International 2025	Dr. Subir Swar, Kolkata	Dr. RK Dalai, Cuttack
03.20pm-03.35pm	Diabetes and Cancer - What's new?	Dr. Akash Singh, Vadodara	Dr. PK Thatoi, Keonjhar
03.35pm-03.50pm	Hypertension in Diabetes and it's Metabolic connection	Dr. CH Vasanth Kumar, Hyderabad	Dr. Dipak R. Das, Cuttack
03.50pm-03.55pm	Discussion		Dr. Meghanad Meher, Bhubaneswar

03.55pm
04.45pm

Session-XV

03.55pm-04.10pm	Refractory Hypertension: How do I manage	Dr. Abhishek Kumar, Patna	Dr. SB Rout, Cuttack
04.10pm-04.25pm	Enrok-New age savior in the treatment of DFI	Dr. Bhuban Das, Cuttack	Dr. SR Pattnaik, Cuttack
04.25pm-04.40pm	Finerenone: Redefining Cardiorenal Protection in CKD Beyond Traditional Therapies	Dr. Jayanta Ku. Panda, Cuttack	Dr. A.K. Sinha, Rourkela
04.40pm-04.45pm	Discussion		Dr. Nihar Sahoo, Brahmapur

04.55pm
06.30pm

Session-XVI
"Prof. BB Tripathy Symposium
Theme: Diabetes in Young"

04.55pm-05.10pm	Atypical presentation of Type 1 DM	Dr. Jayshree Swain, Cuttack	Dr. Subas Behera, Bhubaneswar Dr. Karunakar Biswal, Balasore Dr. Pratap Mishra, Bhubaneswar
05.10pm-05.25pm	Monogenic Diabetes-An Update	Dr. Anil Virmani, Jamshedpur	
05.25pm-05.40pm	How Can Malnutrition cause Diabetes?	Dr. Alok Kanungo, Bhubaneswar	
05.40pm-05.45pm	Discussion		
05.45pm-06.30pm	GENERAL BODY MEETING		

08.00pm
10.00pm

GALA DINNER
ANNEX-1,CUTTACK CLUB, CUTTACK



DAY-3

31st August 2025
Sunday



09.00am
09.50pm

Session-XVII

09.00am-09.15am	Diabetes and Sleep	Dr. Rakesh Pareek, Jaipur	Dr. Manoranjan Behera, Cuttack Dr. B Jagadish, Bhubaneswar Dr. Ranjit K. Panda, Bhubaneswar Dr. Banambar Senapati, Puri
09.15am-09.30am	Practical solutions to control Carbohydrate Intake in India	Dr. Bijay Patni, Kolkata	
09.30am-09.45am	Social determinants of health in Diabetes Prevention and Management	Dr. Uday Lal, Hyderabad	
09.45am-09.50am	Discussion		

09.50am
10.40pm

Session-XVIII

09.50am-10.05am	Role of Exercise in Diabetes - What is new ?	Dr. Sambhu Dutta, Vizag	Dr. Seba Mohapatra, Bhubaneswar Dr. Aruna Acharya, Cuttack Dr. Ashok Behera, Cuttack Dr. Radheshyam Bhawsinka, Cuttack
10.05am-10.20am	Bone Health in Type 2 Diabetes	Dr. Indira Maisnam, Kolkata	
10.20am-10.35am	How do I setup a Digital Diabetes Clinic	Dr. Manoj Chawla, Mumbai	
10.35am-10.40am	Discussion		

10.40am
11.00am

Session-XIX
Key Note Address

10.40am-11.00am	Type 5 Diabetes Mellitus-Defining the disorder	Dr. Nihal Thomas, Vellore	Dr. Reena Mohanty, Cuttack Dr. Ashok Singh, Sambalpur Dr. Ashis Barik, Cuttack Dr. Puravi Mohanty, Cuttack
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11.00am
12.30pm

Inauguration of the Conference
Chief Guest Hon'ble Governor of Odisha Dr. Kambhampati Hari Babu

12.30pm
01.20pm

Session-XX

12.30pm-12.45pm	How do I manage PCOS cases	Dr. Supratik Bhattacharya, Kolkata	Dr. KP Tripathy, Bhubaneswar Dr. Lalatendu Mohanty, Bhubaneswar Dr. Satish Pradhan, Bhubaneswar Dr. Subhranshu Patro, Bhubaneswar
12.45pm-01.00pm	The Concept of a weekly Gliptin therapy	Dr. Sambit Das, Bhubaneswar	
01.00pm-01.15pm	Inflammation as a Novel Therapeutic Target for the Management of Atherosclerosis	Dr. Vinod Mittal, Delhi	
01.15pm-01.20pm	Discussion		

01.00pm
03.00pm

LUNCH

01.20pm
02.10pm

Session-XXI

01.20pm-01.35pm	Why women diabetics need a different approach	Dr. K N Manohar, Bangaluru	Dr. Pravat Panda, Angul
01.35pm-01.50pm	Novel Biomarkers for early detection of Diabetes and risk stratification	Dr. Kanan N, Chennai	Dr. Umakanta Mishra, Bhubaneswar
01.50pm-02.05pm	The Science of Glucagon in Dysglycemia	Dr. V Srinagesh, Hyderabad	Dr. MK Chhotray, Bhubaneswar
02.05pm-02.10pm	Discussion		Dr. ChanchalSri Sarkar, Bhubaneswar

02.10pm
03.20pm

Session-XXII

02.10pm-02.25pm	Deprescribing and Polypharmacy in older people with Type 2 Diabetes	Dr. Shambo S. Samajdar, Kolkata	Dr. Samir Sahoo, Bhubaneswar
02.25pm-02.40pm	Heart failure in a Diabetic- How do I manage	Dr. Amit Gupta, Delhi	Dr. Sudhir Pattnaik, Bhubaneswar
02.40pm-02.55pm	Clustering of Diabetes	Dr. Philip Routray, Bhubaneswar	Dr. Kali Pr. Pattnaik, Puri
02.55pm-03.10pm	How do I achieve Glycemic Control of my patients during festivals	Dr. Manish Agarwal, Ahmedabad	Dr. C.R. Sarangi, Cuttack
03.10pm-03.20pm	Discussion		

03.20pm
04.10pm

Session-XXIII

03.20pm-03.35pm	Diabetic Dyslipidemia-Management updates	Dr. Bharat Panigrahy, Bhubaneswar	Dr. K.C. Mohanta, Rourkela
03.35pm-03.50pm	Diabetes and Transplantation-What are the issues	Dr. Aruna Acharya, Cuttack	Dr. Madhusmita Mishra, Bhubaneswar
03.50pm-04.05pm	In Hospital Management of Diabetes	Dr. Srikant Dhar, Bhubaneswar	Dr. Samir Swain, Cuttack
04.05pm-04.10pm	Discussion		Dr. Manoranjan Dash, Cuttack

04.10pm
04.40pm

Valedictory Function & High Tea



DR. PRAMOD ACHARYA HALL (HALL B, LT-2)

31ST AUGUST 2025A

09.30am
11.20am

PAPER PRESENTATION

Time	Topic	Presenter	Judges
09.30PM-10.30PM	ASSOCIATION OF SERUM IL-6 AND VITAMIN -D IN GESTATIONAL DIABETES ELLITUS	Dr Shaswati Mahalik	Dr. Madhusmita Mishra, Bhubaneswar Dr. Sridhar Panda, Cuttack Dr. Sukanya Mohanty, Cuttack
	Adipose Tissue-derived TNF-alpha as a Mediator of Insulin Resistance in Obese and Non-obese Type 2 Diabetes Mellitus	Dr Rajat Soumya Anurag	
	A Workplace Diabetes Intervention Program for Corporate Office Employees In Odisha	Dr Rebanta Kumar Dash	
	IRISIN LEVELS IN TYPE 2 DIABETES MELLITUS WITH AND WITHOUT NON-ALCOHOLIC FATTY LIVER DISEASE: A CASE-	Dr Saffalya Nayak	
	Association of Serum Uric Acid to Creatinine Ratio with Diabetic Nephropathy: A Cross-Sectional Study	Dr. Vansh Goyal	
	Assessment of Digital Health Tool Adoption and Self-Care Practices Among Geriatric Patients with Type 2 Diabetes Mellitus in an Endocrine Outpatient department.	Dr. Sushree Jena	
Time	Topic	Presenter	Judges
10.30PM-11.20PM	B.Y.E. FOR LIFESTYLE DISEASES	Dr Prasanta Kumar Dass	Dr. P.K Rathor, Cuttack Dr. Ranjan Sen, Cuttack Dr. Amita Kerketta, Cuttack
	Assessment of cognitive impairment in patients with diabetes mellitus in a tertiary care hospital at bhubaneswar- a comparative study	Dr. Shubham Jainwar	
	Evaluate the relationship between the FBS/HbA1c ratio and CKD staging in patients with diabetes: A retrospective observational study.	Dr Ashish Virani	
	Serum Uric acid to HDL-Cholesterol ratio: An Emerging Biomarker For Predicting Type 2 Diabetes Mellitus - A Cross-Sectional Study	Dr Durga prasad Jena	
	Risk factors of diabetic foot ulcers in patients with type 2 diabetes: An observational study	Alina Elizabeth Thomas	

NOTE

This image shows a full page of white paper with horizontal dashed lines, typical of primary school writing paper. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.



CONFERENCE SECRETARIAT

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